

## Glynis Astie Bio

Glynis grew up as the youngest of three children in Rockland County, New York. Her mother remarried when she was six and she gained not only an amazing father, but three wonderful sisters. She graduated magna cum laude from Northwestern University and worked in Social Service for two years before transitioning to Human Resources. After thirteen years in Human Resources, she decided to make good on her promise to write a book. Rather than detailing the years of bizarre employee relations issues she had encountered (as this may land her in more than a bit of trouble), she elected to write the story of how she met and married her husband, Sebastien, in six short months.

It's true that the story had always been a crowd pleaser. What woman wouldn't want to be swept off her feet by a handsome young Frenchman? Glynis decided that it was time that a dose of reality were included to complete the picture. While she felt lucky to have met the love of her life, it was certainly not the image of perfection imagined by many. The end result, *French Twist*, is humorous, sweet and undeniably real. As this was just the beginning of an epic love story, Glynis continued to chronicle their adventures in the sequel, *French Toast* and the final installment in the series, *French Fry*. After she finished milking her life story for all it was worth, she decided to write straight-up fiction with *Gamer Girl*, which infuses her beloved chick lit with a hint of fantasy.

Glynis currently lives in Westchester, New York with her incredibly romantic husband and two angelic sons. When she is not writing she is usually rushing to the gym, wracking her brain to remember fourth grade math to help her son with his homework, rescuing toys from certain destruction down the toilet and keeping a tenuous hold on her sanity by consuming whatever chocolate is in the vicinity.